**Nebraska Resources – Jan 2019**

We recognize that there are many people suffering from substance use disorder and are without insurance. Every single life matters and everybody deserves to get the help they need. There are many free and low-cost options in every state. The facilities and programs listed below are provided as informational resources only. We have done our best to verify the information but cannot guarantee the validity of all data. Additionally, you can contact the Substance Abuse and Mental Health Administration (SAMHSA) at 800-662-4357, or visit their website at <https://www.samhsa.gov/>

**Columbus Rescue Mission** – Columbus, NE | 402 563 1096 | <http://www.columbusrescuemission.org/>

Long-term, 12 month residential treatment program for men and women over 18 years old. Free to start.

**Living Water Mission** - York, NE | 800 880 4823 | <http://www.lwrmyork.org/>

Long term residential women’s programs.

**Revive Ministries** - Hastings, NE | 402 462 2066 | <http://reviveinc.org/>

Intensive outpatient and sober living. Free to start.

**Touchstone** - Lincoln, NE | 402 474 4343 | <http://touchstonelincoln.org/>

Accept Medicaid, Nebraska Division of Behavioral Health. Short-term residential treatment program.

**Miracles Recovery**- Omaha, NE | 402 341 1821 | [www.sienafrancis.org/](http://www.sienafrancis.org/)

Long term residential treatment program for men and women over the age of 18. Free to start.

**CenterPointe** - Lincoln, NE | 402 475 8717 | <http://www.centerpointe.org/>

Various inpatient and outpatient services. Residential. Detox. MAT

**Heartland Family Service** - Omaha NE | 402 553 3000 | [www.HeartlandFamilyService.org/](http://www.HeartlandFamilyService.org/)

 Mommy and me program. They take woman and their children. They will help you get Medicaid and there isn't a waiting list. They do take people from out of state. The program is here in Omaha Nebraska. The program is called Family Works