**Oregon Resources – Jan 2019**

We recognize that there are many people suffering from substance use disorder and are without insurance. Every single life matters and everybody deserves to get the help they need. There are many free and low-cost options in every state. The facilities and programs listed below are provided as informational resources only. We have done our best to verify the information but cannot guarantee the validity of all data. Additionally, you can contact the Substance Abuse and Mental Health Administration (SAMHSA) at 800-662-4357, or visit their website at https://www.samhsa.gov/

**(Buckley House)** - Eugene, OR | (541) 343-6512 | [www.wfts.org](http://www.wfts.org)

Men and women residential treatment program. Must be over 18 years old. Intensive outpatient. Medicaid.

**Northwest MBTC** - Portland, OR | (503) 289-7758 | <http://nwbtc.org/>

Non-denominational Christian Discipleship ministry. NO charge for our services.  Adults (ages 18 and up) can apply to any of our centers for help. Admission is on a bed availability basis. Any serious health or legal problems should be taken care of before coming into the center.

 **U-Turn For Christ** - Gold Hill, OR **| (541) 295-5161 |**  http://www.uturnforchristoregon.org/

Five hundred dollar per month donation, with a minimum two-month commitment, payable upon arrival. Anyone can enroll as long as they are over the age of 18, not a registered sex offender, and sober for least 24 hours prior to enrolling. Please note that if the Courts allow an individual to participate in our program in lieu of incarceration, we do require the enrollee to complete both phases, Phase-1 (2-months) and Phase-2 (6-months), making their total commitment to the program a minimum of 8-months. Accepts men and women.

**Bridges To Change** - Portland, OR | (503) 465-2749 | <http://bridgestochange.com>

4 locations. We serve mostly individuals with OHP (Medicaid) or uninsured. Treatment & housing services. Intensive outpatient. Peer support programs. Men and women.